

Spiritual Accompaniment Formation

Daily Life Program - Year 3 *

The Spiritual Exercises, conceived by St. Ignatius of Loyola based on his own life experience, are at the heart of Ignatian spirituality. An Ignatian spiritual director is one who is deeply rooted in the dynamics of the Spiritual Exercises as the foundation to helping others grow in their spiritual journey.

The ISCM Daily Life Program is a two-year training leading to Accreditation as an Ignatian spiritual director. The first year covers an in-depth introduction to the history, theory and skills needed to accompany others in the Spiritual Exercises in Daily Life (Annotation 19).

The Daily Life Program is offered in a hybrid format and attendance at both online and in-person practicums are mandatory. Zoom sessions will take place Tuesday evenings and in-person sessions on Saturdays at the Wickham Centre (25 Jarry St. W., Montreal).



* Please note that the first two years, Initiation to Spiritual Accompaniment, are not being offered in 2023.

Daily Life Program

Spiritual Accompaniment Formation

Year 3

To be eligible for this program, you must have completed the Spiritual Exercises in a personally directed 30-day retreat (Annotation 20) or have completed Annotation 19 in an individually directed format; weekend, eight or ten-day retreats do not fulfill this requirement.

Candidates who have not followed the two-year Initiation Formation in Spiritual Accompaniment at the ISCM must provide certification indicating they have obtained formal basic training in spiritual direction with another institution. They must also present a letter of recommendation from someone well acquainted with their spiritual life, such as their pastor or someone with whom they have worked or volunteered for in ministry, along with a written recommendation from their spiritual director. Once the application is received, our Formation team will meet all non-ISCM trained candidates for a personal interview to determine if they may be admitted to the program.

Fall Session (14 courses)

Online Zoom sessions: Tuesday evenings from 7 to 9pm from September 5 to December 12, 2023) No classes October 3 and November 21).

In-person sessions at the Wickham Centre: Saturdays 9 to 4pm on September 30 and November 11, 2023

Cost: \$395 - Registration deadline: August 21, 2023

Winter Session (15 courses)

Online Zoom sessions: Tuesdays 7 to 9pm from January 9 to April 30, 2024 (No classes February 27, March 26, and April 9)

In-person sessions at the Wickham Centre: Saturdays 9 to 4pm on February 3 and April 6, 2024

Cost: \$395 - Registration deadline: December 22, 2023

Once you have received your acceptance to the program the deadline to register for the fall session is August 21st.

**To apply for this program,
please follow this link:**

<https://ignatiancentremtl.org/formation>

For more information please contact
Lynn Barwell formation@csim-iscm.org
or by calling 514 756-0927

**With the support of our generous donors,
we strive to make our spiritual programs
accessible to everyone. Should the cost of
this program be a challenge to your
participation, please let us know if the ISCM
can be of help.**

